



## Stress and Rescue

### DESCRIPTION

Stress is a major cause of diving accidents and negatively impacts rescue situations. This program teaches you the skills and knowledge required to recognize and deal with stress, prevent accidents and properly deal with emergency situations encountered by divers. You will earn the SSI Diver Stress and Rescue Specialty certification after completing this program.



### FACTS

Minimum Age:	15
Certification	Open Water Diver
Prerequisites:	Students must have proof of current training within two (2) years of First Aid and CPR
Academic Sessions:	2
Pool/Confined Water Sessions:	2
Open Water Dives:	2 days of diving activities
Maximum Training Depth:	30 meters / 100 feet
Suggested Duration:	15-20 hours

### COST

Course & Training	\$450.00 +HST
Materials	

Check out more here ↓

